

Our RPSHE Curriculum: Position Statement 2025-2026

At Diamond Wood Community Academy, the 2025–2026 academic year marks the introduction of the *One Life* programme created by Kelly Wood as the foundation of our PSHE and statutory RHSE (Relationships, Physical Health and Emotional Wellbeing Education) curriculum. As this is a new approach for the school, the year will focus on staff training, establishing routines and embedding consistent practice, before moving into full curriculum delivery.

During the Autumn Term, the initial focus will be on introducing the *One Life* principles of Physical Fitness, Social Fitness and Mental Fitness, alongside the establishment of daily whole-school routines. These routines include *Meet and Greet*, *Mindful Moments* and *Talk It Out*, which will be embedded into daily school life to support children's emotional regulation, communication skills and sense of belonging. Alongside this, staff will receive structured training to develop confidence and consistency in delivering the programme. Following training, PSHE and RHSE content will begin to be taught in carefully planned blocks, allowing staff time to embed learning and refine practice.

From Spring Term 1, PSHE and RHSE will be taught fully as intended, with weekly lessons aligned to the One Life framework and statutory guidance for Nursery to Year 2. The Spring Term will also see the programme fully introduced to all staff, alongside the re-delivery of the RHSE parent consultancy meeting, ensuring clarity and shared understanding across the school community.

Staff training and support will be ongoing throughout the year. This will include half-termly leadership training meetings, supported directly by Kelly Wood, followed by half-termly whole-staff training sessions prior to delivery. This approach ensures that staff are well-prepared, confident and supported at every stage of implementation.

As the curriculum becomes embedded, leaders will also review and strengthen links with related subject areas, such as Online Safety, ensuring a coherent and joined-up approach to RPSHE across the wider curriculum.

Oracy development will remain a key priority, with a strong focus on explicitly taught vocabulary and opportunities for structured discussion within RPSHE lessons and daily practices. Early reading will continue to be prioritised through the use of carefully selected, high-quality texts that support and enhance RPSHE learning, reflected clearly in medium-term planning.

Throughout the year, resources will be audited and reviewed to ensure high-quality materials are available to support effective teaching and learning. The RPSHE leader will work closely with leaders to update relevant sections of the school website, ensuring that curriculum intent, implementation and impact are accurately reflected.

We are proud of the thoughtful and strategic approach being taken to implement *One Life* during 2025–2026. By prioritising staff training, consistency and gradual embedding, we aim to ensure a high-quality, sustainable RPSHE curriculum that supports the wellbeing, confidence and future success of all children at Diamond Wood Community Academy.

To be the best version of me!